

# The Family Recovery Program Inc.

Restoring Families. Building Futures

# December 2025

As we wrap up another amazing year, we pause to reflect on and celebrate all that we've achieved together. In 2025, we proudly celebrated our 20th anniversary, hosted four incredible graduations, offered countless family activities, and welcomed dedicated families into every corner of our Sage Center. It has truly been a year full of growth, connection, and community. Thank you for being a part of our story and sharing in this journey with us. We can't wait to show you all that's next!

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# Community Day



Sage Housing Coordinator Tracie Wyman and Maintenance Specialist Keith Matthews, proudly showing off his vaccine received from our on-site pharmacist!



Re-Engagement Specialist Monique Knight and Security Monitor Bernard Simmons sharing lunch with the community



Sage volunteers Shaquiah A., Krystal L., and Shannon Hill supporting the community at the FRP booth!

On September 19th, we welcomed neighbors for our annual Community Day; the turnout was amazing. From free HIV/AIDS testing and vaccines to clothes, food, school supplies, and more, we were proud to offer a wide range of support.



Housing Case Manager Stephanie White and Executive Director Dr. Jocelyn Gainers

Huge thanks to DMC Empowering Health Services, The Family Tree, Powell Recovery Center, and all the partners who shared resources and showed up for our community. We're so grateful to everyone who helped make this day possible.



2019 FRP Graduate Danielle and her family showing their support



Journey, Legend, and Winter relaxing together during one of the last days of summer



Housing Case Manager Tiajuana Jones with help from the Winn-Alvin family giving out free child and adult clothes to the community



(Left to Right) Monique Knight, FRP Graduate Jessica Z. and family and Tracie Wyman



Trinity S. smiles on with her Stitch hat!



# DISNEY ON ICE



Ms. Winn-Alvin enjoying her new glow up toy she won at the show!

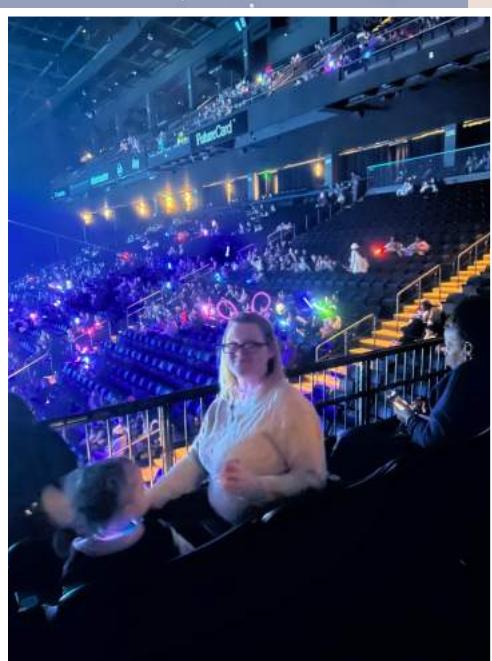
Our families had an incredible time at Disney on Ice! From the moment the lights dimmed, parents and kids were in awe watching their favorite Disney characters glide and dance across the ice. It was such a joyful evening filled with excitement and quality family time. We're so thankful to have shared this special experience together!



Winter S. enjoying her time in the stands



What a magical evening. We're deeply grateful to everyone who helped make it happen



Ashley B. with her daughter Winter enjoying the show!



Key moment for Jazmun showing her daughter Aliyanna W. her first Disney on Ice show!



Melody S. and her daughter Trinity spending quality time together

# Happy Halloween



Kali P. sporting her blue dino costume

Halloween at Sage was a frightfully fun time! On October 30th, our families and staff came together to celebrate a colorful and joy-filled Halloween. With two haunted houses, bingo, DIY ghost-making, and even a birthday celebration for Kaszi, everyone had an amazing time. A big thank you to our Sage staff for putting together such a perfectly spooky and festive day!



Wednesday Addams (Meleia W.) and her father sharing a laugh



Extra thanks to our own Keith Matthews for setting up the haunted houses!



Jessica B. and her children with beautiful costumes and smiles



Thank you also to Landon H., who volunteered to help out in the haunted house!



Ashley M. and her son in their adorable matching cow costumes



The Family of Beetlejuice! Featuring Devon, Aliyanna, Kristofer, and Jazmun W.



Damon H. and Tyler S. enjoying their time together playing BINGO

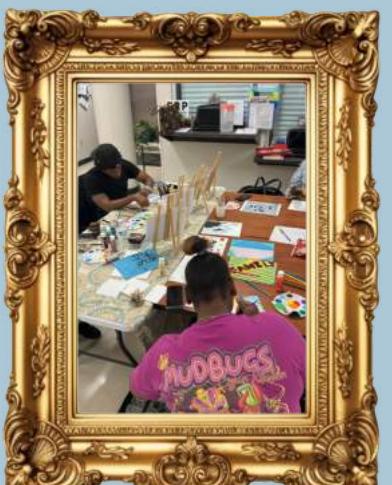
HALLOWEEN



Graceland S. displaying her beautiful painting skills



We welcomed around 20 individuals who were excited to take part in the activity



Robbie C., Ishmeria P. and other parents painting together in a productive groove!



Reashawnda C. carefully constructing her "Keep the Faith" affirmation

# Picture Perfect Family Activity



Melody S. holding her "Dream Big" affirmation that she lives by daily



Clinical Director Tosha Stubbs-Satterfield couldn't help but to also participate



The mess is simply evidence of a fantastic turnout of talented artists and individuals.



A look at some of the finished creations from the Dream Box.

**Our Certified Peer Recovery Specialist, Sabrina Gross, led a DreamBox activity where participants created and decorated "dream boxes," filling them with items that inspire hope and dreams. Sabrina also added a fun twist by awarding a prize for the most creative box. Congratulations to Jada G. for winning the creativity award and showcasing such imaginative flair!**

## Dream Box Activity



Certified Peer Recovery Specialist Sabrina Gross with her lovely set up

# Cooking and Shopping Trip with Chef Eula and Sous Chef Monique



As featured in our last edition, we continue to host cooking classes with Chef Eula and Sous Chef Monique every other Tuesday. These sessions give our families the chance to learn new recipes, explore healthy meal options, and build confidence in the kitchen.



Jada G. chopping vegetables for their Caesar salad



Ashley B. and her daughter Winter with Sous Chef Monique Knight



Reashawnda C. and her daughter grabbing their Thanksgiving essentials



Chef Eula, Jada G., and Inshirah B. smiling at the checkout line

On Wednesday, November 19<sup>th</sup>, we took the entire class to ALDI, where we helped our parents make conscious, healthy, budget-friendly choices for the holidays. Chef Eula showed her choices on how to build an entire Thanksgiving dinner for only \$40 by being mindful of our cart choices.



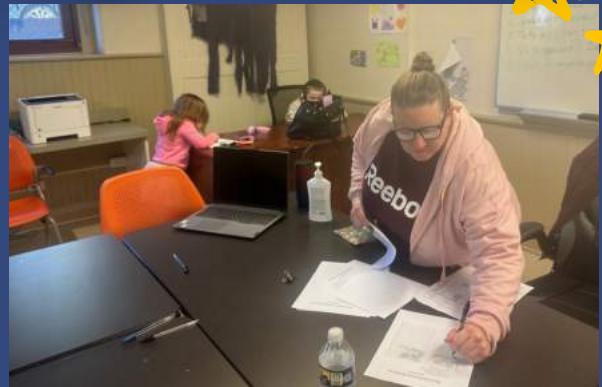
Group picture featuring the members of the cooking club (left to right):

# ★ New Groups at Sage Center! ★

## Growing & Merging

Every Thursday at our Sage Center, our amazing Case Manager Michelle Danois leads the Growing and Merging into Maturity group. This is a safe, supportive space where parents can learn valuable life tools, from understanding finances to navigating modern challenges!

We're so grateful to Michelle for stepping up and taking the initiative to empower our parents and community!



Melody S. and her two children working on their homework together as part of the group activities.



Devon R., Jazmun W., and their two children working on reading activities, while Insirah B. and her daughter join in the background.

## Slow & Restore



With support from her three sons, Ashley M. works on her sit-ups.



All class members actively working on their wall push-ups.



Guiding the class: Stephanie White, our Sage Case Manager.

On Friday mornings, our amazing Sage Housing Case Manager, Stephanie White, leads an workout class for our community. Participants enjoyed a fun and engaging session, getting active while connecting with others and starting the day on a healthy, positive note. Stephanie's enthusiasm and guidance made the class both motivating and enjoyable for everyone involved!



Aliyanna R. joined in and gave her own unique spin!



On Saturday, November 1st, Family Recovery Program's Court Coordinator, David Sifford, and Case Manager, Domonique Smith, attended the Expungement Fair at Lexington Market, where they shared information about FRP's mission and services with community members. The event provided a valuable opportunity to connect with individuals seeking a fresh start and to spread awareness about the support FRP offers to families working toward recovery and stability. David and Domonique handed out informational fliers, answered questions, and built meaningful connections with those in attendance. We're proud of their outreach and their ongoing commitment to empowering families and strengthening our community.

CEO Jocelyn Gainers, Sage Housing Program Coordinator Tracie Wyman, FRP Graduate Parent Ashley B., and Sage Case Manager Stephanie White

# Expungement Fair and 21<sup>st</sup> Annual Problem Solving Court Symposium

From Wednesday, December 10th, to Thursday, December 11th, our staff, along with one of our amazing parents, attended the Annual Problem-Solving Court Symposium in Towson. This annual conference brings together court professionals and community partners to share best practices, innovative strategies, and collaborative approaches in problem-solving court programs.

Our team had a wonderful time learning, networking, and gaining valuable insights, and we were especially proud to see one of our parents, Ashley B., from our organization serve as a panelist, sharing their lived experience and perspective.



CEO Jocelyn Gainers, Sage Housing Program Coordinator Tracie Wyman, FRP Graduate Parent Ashley B., and Sage Case Manager Stephanie White



The panelists from Ashley B.'s group shared meaningful perspectives, offering a deep look into their lived experiences with addiction.

# Annual Family Recovery Thanksgiving Luncheon

The Family Recovery Program gathered at the Sage Center on November 18th for our annual Thanksgiving Luncheon! It was a very heartwarming and delicious afternoon as our amazing staff came together to share a wonderful spread of classic Thanksgiving dishes with one another and with our parents. We are incredibly grateful for a team that is not only talented in the kitchen but also deeply caring in every way. It was a beautiful time for all!



(Left to right) Executive Assistant Avery Lawrence, Sage Security Monitor Terri Fulp, Peer Recovery Specialists Sabrina Gross and Jada Smith smiling as they get ready to serve our parents.

The grateful spirit was certainly in the room as we all ate and spent the day eating and laughing together!

Extra thanks to our amazing staff for serving such a wonderful selection of food and desserts!



(Left to right) Case Manager Michelle Danois, Program Development Coordinator Sybil Imani and CEO Dr. Jocelyn Gainers



(Left to right) Finance Coordinator Lesia Ellis, Human Resources Administrator Marian Green, CEO Dr. Jocelyn Gainers, Case Manager Dominique Smith and Sage Housing Program Coordinator Tracie Wyman

# THE FAMILY RECOVERY PROGRAM QUARTERLY GRADUATION



Magistrate Kristen Peacock, Shaquiah A., and Case Manager Domonique Smith



Case Manager David Martinez, Zachary R., and Magistrate Kristen Peacock



Magistrate Kristen Peacock, Joanna G., and Case Manager Domonique Smith



Magistrate Kristen Peacock, Ashley M., and Case Manager Domonique Smith



CEO Dr. Jocelyn Gainers being interviewed by representatives of WBAL; see the bottom of page for more



Magistrate Kristen Peacock, Lindsay S., and Case Manager Domonique Smith

On December 5<sup>th</sup> the Family Recovery Program held a notable quarterly graduation. Firstly, we had WBAL News in attendance; our organization had a meaningful opportunity to share the transformative impact of the program with the broader community.

The ceremony also featured a powerful performance by Keith Matthews and heartfelt reflections from FRP graduate Katelyn Lebon, board member Vanita Taylor, and Family Court Magistrate Kristen Peacock, each offering inspiring insight into the work and dedication behind our program's success.

We were also honored to welcome Senator Cory McCray, who spent the afternoon with us for a book signing and engaged in thoughtful dialogue with parents who had recently read his work. His presence and encouragement added a special dimension to the day.

Friday's event was truly a memorable celebration of resilience, renewal, and the strength of family. Congratulations to all of our graduates. We are incredibly proud of you.



Magistrate Kristen Peacock, Matthew W. with son Xavier, and Case Manager David Martinez



All smiles with our beautiful graduates, each of whom lives in our Sage Building.

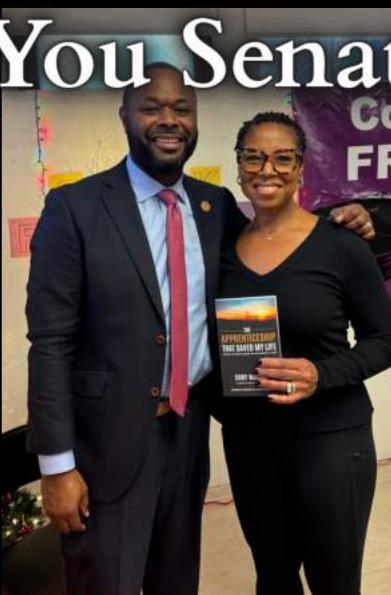


Magistrate Kristen Peacock, Jennifer W. with son Xavier, and Case Manager Michelle Danois

# Thank You Senator Cory McCray!



Senator Cory McCray and CEO Dr. Jocelyn Gainers



Senator Cory McCray and Case Manager Stephanie White



Senator Cory McCray and Human Resources Administrator Marian Green



Senator Cory McCray and Case Manager Domonique Smith



Senator Cory McCray and Administrative Program Assistant Ati N'Diaye

Returning to the previous page, we had the absolute pleasure of hosting Senator Cory McCray at our graduation ceremony. His inspiring words left a lasting impression on everyone in attendance and made the celebration truly memorable. We are deeply grateful for your service, Senator, and look forward to continuing this meaningful partnership.



Senator Cory McCray and FRP Graduate Shaquiah A.



Senator Cory McCray and FRP Graduate Inshirah B.



Senator Cory McCray and FRP Graduate Ashley B. with daughter WIнтер S.



Excitement filled the air as the line for the book signing stretched out.

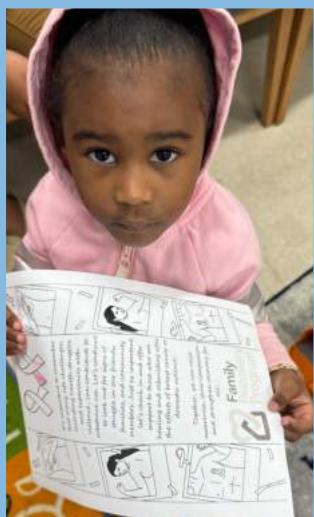


Senator Cory McCray and FRP Graduate Melody Skowrunski

"I've watched Dr. Gainers and FRP reshape families and community. Their graduations carry a transferable energy —a reminder that small wins and big wins both change lives. From counseling to housing to protecting our beautiful babies, they raise the consciousness of responsibility and pull the best out of all of us. Proud to call them partners."

—Senator Cory McCray

# Life At FRP!



Legend C.



Inshirah B. and daughter Naya B.

*"If we are to reach real peace in the world we shall have to begin with the children"*  
Mahatma Gandhi



Andrew M.



Journey A.



Thomas S., Winter S., and Arya G.



Winter S.



Xavier W.

As we bring the December 2025 Family Recovery Program newsletter and our lovely year to a close, we want to extend our heartfelt thanks to our families, staff, and supporters. Your unwavering commitment, courage, and resilience continue to inspire us every day.

Each story told, every milestone reached, and every small victory reminds us that recovery is a shared journey. Together, we are creating a stronger, healthier community filled with hope and healing. Until we meet again, please take care of yourselves and one another.

With deep appreciation,

The Family Recovery Program, Inc.

Follow us on Instagram:  
@thefamilyrecoverprogram\_inc

