The Family Recovery Program, Inc.

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EXECUTIVE DIRECTOR'S LETTER

Dear Supporters and Friends,

We are proud to share our 2024 Impact Report, highlighting the progress, resilience, and hope we have had the opportunity to witness this year. Our mission is simple:

"At FRP we S.E.E. our families-Strengthen, Engage and Equip."

This report captures the heart of that journey—the stories of parents and children finding their way back to each other, stronger than before.

Over the past year, we have worked tirelessly to help families heal and rebuild. Through counseling, support programs, and community partnerships, we have empowered our families to take hold of their lives and create safe, nurturing environments for their children. This work is not easy, and the path to recovery is often filled with challenges. Yet, seeing the joy of reunification, the strength of parents who refuse to give up, and the happiness of children reuniting with their loved ones is proof that our work matters.

The pages that follow contain information on how we work with our families and some stories of people whose lives have been transformed through your support. Thanks to you, our partners, volunteers, and donors, we have been able to provide essential services that make a difference—services that offer hope when it seems out of reach. This year alone, we successfully supported the reunification of over 30 families, each one a testament to the power of healing and the importance of family.

We know that none of this would be possible without your belief in our mission. Your contributions enable us to continue advocating for families, addressing the root causes of substance use, and ensuring that no family is left behind. As you read this report, we hope you feel the impact that your generosity has made. Together, we are creating a future where families can thrive, free from stigma and full of hope.

With gratitude and hope for the future,

Dr. Josefyn Gainers

Executive Director

Dr. Jocelyn Gainers, Ed.D., CAC-AD, AS, CEBL Executive Director and CEO

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Carlos Hardy

Housing Sub-Committee Member

Lela Campbell

Housing Sub-Committee Member

Charles Culver

Housing Sub-Committee Member



OUR STORY SO FAR



HALLOWEEN BARUY AU SAGE GENUER

OUR MISSION

At FRP, we "S.E.E. our families." Strengthen. Engage. and Equip.

We strengthen families affected by trauma, substance use, and behavioral health conditions by providing equitable and inclusive services.

We engage families in a diverse array of holistic services.

We equip families with the necessary traumainformed skills for resilience in order to live a selfdirected life.

OUR VISION

To be the national leader providing family strengthening opportunities to individuals and organizations.



Urban Air, White Marsh, MD

We give hope where there was none and plant seeds for lifelong change. This work matters to you because we all benefit when our families get stronger and more self-reliant. You matter to us because you assist us in making the magic happen with your financial and in-kind donations. You, as our community, continue to show up year after year for us. As our needs only increase, we ask that your commitment to our work does as well. Please continue to support us as we strive to make our families stronger, and create opportunities for children to thrive!

A Night at the Casino



SAMHSA'S 4 PILLARS OF RECOVERY

HEALTH

When families participate in our program they must report to our office for randomly assigned observed urine specimen collections. These samples provide support to the parents in their recovery and provide documentation and evidence to the court and other parties that our parents are substance-free. This is a great benefit because it helps our families begin to exhibit the skills needed for sobriety. As they get into the habit of regular specimen collection visits, we begin to see a change in their commitment to the program, themselves, and their families. New habits are formed and old ones are broken. Those same families are now reporting to our court regularly; meeting with their case managers to work on setting and accomplishing new goals; working with our referral network of treatment, mental health, and physical health providers. Our goal is to assist our families in making healthy choices that support their overall reunification process. We accomplish this goal through the diligent commitment of all team members and the willingness of those whom we serve.

COMMUNITY

Our community has been very active this year. We had an amazing fundraiser-" A night at the Casino". We had over 100 people in attendance and raised funds to support our programming. We applied those funds toward new teeth for some of our families. We created the "Karen Conn Community Giveaway Day" in honor of one of our cherished employees who died after a long battle with a health concern. We were able to give items donated to us and donated to our families away in front of our transitional housing two times per month. We were able to create new partnerships that promise to be a blessing to our families in untold ways. As the pandemic came to a slow halt our court reopened and meetings moved from virtual to in person. Parents and our community applauded us for our actions to remain committed; connected and supportive.



9 HOME

For our families, having a home of their own is not just a privilege, it is what they desire. Our families understand the importance of having a safe home as it relates to their family reunification process. We have assisted in that process by allowing families that are within the reunification process to apply to our primary housing facility, The Harry & Jeanette Weinberg Building at Sage Center (Sage I). This facility provides supportive housing for 23 families. We also have Sage II at Monarch View: five townhomes, directly in front of Sage 1, allowing families to transition from supportive housing with intensive services to supportive housing with less intensive services. Five families are currently living in Sage II and continue to enjoy independence, and the ability to continue to receive support.

PURPOSE

Family reunification remains the main reason that families join the program. Accomplishing that goal requires complete effort and dedication. We understand the difficulty of the task at hand and ensure that we have the resources to assist. While our families are working within the many systems to accomplish that goal, we encourage them to dig deep and begin to find their purpose. Many parents begin to identify their purpose through participation in programming. Some find it as they are learning more about the world of support that is available to them within the 12 step programs that they access on their own through attending meetings within the community and on Zoom. Some find it as they are participating in service projects at either, our main office or our housing development. Over the past year the average parent attended three FRP groups per week; attended two 12-step support group meetings; weekly parenting time; monthly mental health treatment; job training and financial coaching. As they experience these supports and gain more personal clarity, a renewed desire for life emerges.

Marie Hill and Aaron Witt represent a family who fought the odds and accomplished sobriety and family reunification. They volunteered to share their story so that everyone reading would know that **Recovery is possible**! Together they have a one-year-old daughter. Before becoming a couple, each had other children, some of whom are grown and some they are currently caring for.

Marie Hill was not new to Sage when she re-entered last year. She was previously a resident when Sage first opened in 2016. She admits that leaving Sage with her son and moving in with her mother against our advice was a bad decision for her. She felt as though her mind was not made up regarding her decision to remain sober and complete her path to family reunification. She left Sage and relapsed, experiencing a variety of different traumas for the next four years. She became a mom again in 2023 and returned to the Family Recovery Program as she recognized she was ready for help.



The difference she feels relates to her renewed spirituality. She admits to having a "power greater than herself". Her fiance' and children help her not to relapse because she wants to be there for her family, more specifically, "I need to be a mother to my children". Marie admits to using both heroin and fentanyl in the past. She began her drug use by smoking marijuana when she was 15 and transitioned to Percosets after having her first daughter by cesarean section. She was sent home on Percosets to assist with the aftermath of the surgery. After the medications were discontinued without a proper detox- she began buying them from the street and was later introduced to heroin. She admits to "being off to the races" by age 21. She was raised in a two-parent family until her parents divorced at seven and she then moved with her father and then back with her mom who was and remains in active addiction. She recounted times when they "got high together" as " my mom couldn't give me what she didn't have". She has forgiven her mom as she believes because her mother was young when she had her that she wasn't capable of properly caring for a child. Today, they have a good relationship and enjoys spending time with her. Both she and her mother continue to mourn for her 26-year-old brother/son who was murdered in South Baltimore last year.

She came back to us when she knew she was ready. According to Ms. Hill, FRP helped her turn her life around based on the support she was offered. She recounted" family support, mental health support, employment classes, and the fact that we allow the entire family to recover and grow together". Going to court and getting promoted gave her hope that she could do more - the incentives and certificates that she proudly displays on her wall keep her mind steady in recovery.

Having her fiancé go through this process with her has made her even more determined. She recounts him saying regularly "I can see something in you that you can't see in yourself". They are planning a wedding early next year. Marie is a high school graduate with plans to return to her field as a CNA/GNA. And her dream is to work at Johns Hopkins as a nursing assistant or pharmacy tech. She hopes for the future and believes this is her season for success!

Mr. Witt (Marie's fiance') is an Army veteran who enjoyed serving 13 years as a nurse. He was passionate about helping, and he enjoyed ensuring people had what they needed. He ended his career to return home to take care of his mother who at the time was sick. He has driven tractor-trailers, school buses and is currently a mechanic repairing Corvettes. Finally deciding to try something different he has amassed a great amount of sobriety time. He boasts a great relationship with all of his children although he too had one son murdered in Baltimore at a young age. Being in FRP, he found that the "program works if you work it".



As he worked with our program he shared that he "learned to save, learned to love more people and help more people". He stresses effort and participation in the entire process. This organization has been his foundation, and he credits our work together for helping he and his fiancé prove that **Recovery is possible** even when the odds are stacked against you!

RECOVERYIS WORTH FIGHTING FOR!

PROGRAMMATIC

NEEDS!

THE WORK OF THE FAMILY RECOVERY PROGRAM CHANGES LIVES AND STRENGTHENS FAMILIES. OUR FAMILIES FIRST WORK TO ACHIEVE SOBRIETY AND THEN CELEBRATE ALL OF THE SMALL VICTORIES THAT FOLLOW. CHILDREN ARE ABLE TO LEAVE FOSTER CARE AND REUNITE WITH THEIR FAMILIES. THIS LEADS TO CHILDREN WHO HAVE FEWER SUSPENSIONS AND IMPROVED SCHOOL ATTENDANCE. OUR PARENTS REPORT SOBRIETY, FEWER ARRESTS, A BETTER UNDERSTANDING OF THEIR PHYSICAL AND MENTAL HEALTH NEEDS, ALONG WITH HOUSING STABILITY. THE COMMUNITY BENEFITS FROM OUR WORK AS WE, THROUGH OUR FAMILIES, WORK TO CHANGE THE CULTURE OF DRUG USE AND INSTABILITY WITHIN OUR LOCAL COMMUNITY. FAMILIES HEAL WHEN WE ALL WORK TOGETHER!







FUND-A-SMILE



\$1,500.00 Partial Implants

\$2,500.00New set of dentures

As our parents begin their walk-in sobriety, they acknowledge the need for an improvement to their smile. Your support is needed to help bring their smiles back. We are seeking donations to supplement the expenses related to dental work. Your donations will go to support everything from dental cleanings, partial plates to full dentures. We are also looking for new connections with dentists who would be willing to provide the same services at little to no out of pocket cost to our families.



A PLACE
OF MY
OWN

- Security Deposits-\$800 perfamily
- Moving Truck Rental-\$500 per family
- New Household items-\$800 perfamily

As our families move into their own space, very often, they don't have the basics to make their house a home. Your support will help provide household needs for families moving into Sage or out into housing within the community. Your gift will allow us to purchase furniture, bedding, kitchen utensils, bathroom essentials and small electronics.

TRANSPORTATION FILED



Getting around the city has its fair share of challenges. Adding kids to that equation is even more difficult. We would like your support to assist us with purchasing a van so that we can help our parents complete shopping trips, and attend other program supported events in the community. We would also be excited to receive a partnership with a car dealership that would be willing to gift us a van for this purpose.

Holiday Jund



Toy Package-\$350 per family Clothing Package-\$300 per family Food Package-\$250 per family Decorations Package \$100 per family

GOAL: \$40,000

Since our inception in August 2005 we have worked with over 2000 parents. Of those 49% were reunified with their children, 26% had children go to the custody of other family members, 17% saw their cases adopted and 1% of cases were transferred to another county. Since 2016, our housing development: The Harry and Jeanette Weinberg Building at Sage Center has housed 104 individuals. Of those 104 individuals, 84 parents have been reunified with their children. Since 2021, our second housing development, Sage II at Monarch View has housed a total of 8 families.

Overall, we give hope where there was none and plant seeds for lifelong change. This work remains impactful because we all benefit when our families get stronger and more self-reliant.



The Harry & Jeanette Weinberg Building at Sage Center (2 Bedroom Apartment)

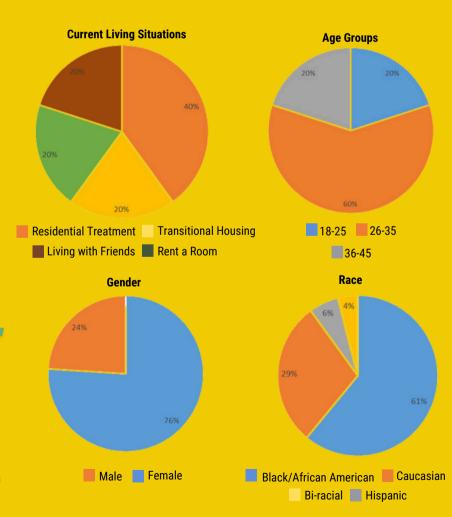
Sage Center - FRP's Transitional Housing **Programs** Total = 25 Sage I = 17 parents, Sage II = 8 parents



As a Parent who has been through the struggle of substance use, I can say this with certainty: healing and restoration can happen. It wasn't easy, but I stayed the course-taking accountability, leaning on my faith and surrounding myself with support. Today, I am not just reunited with my children, I am a better version of myself for them.

-Francine Club

SMALL STEPS AND GIANT LEAPS FOR FAMILIES **COMMUNITY DAY**



FY2024

Financial Highlights

\$2,065,852.00

Total Revenue and other Generous Support

FY2023 Financial Highlights

Revenue and Other Support

Grants and contributions
Contract services
Rental income
Interest and other
Total Revenue

58,175.00 **2,065,852.00**

1,676,486.00

18,020.00

313,171.00



Dr. Gainers with FRP Parent, Ms. Hill and Volunteer!



Clothing Giveaway-Karen Conn Community Day

Expenses

Total Expenses

Program services

Management and general

2,075,314.00 275,155.00

2,350,469.00



A Sage family enjoying a Night at an Orioles
Game



The Family Visitation Room at FRP (Gay Street)



People Serviced in Baltimore City

ODDeunified Familie



FRP Graduate, Heather Courts with Magistrate Kristin
Peacock and



Sage Center Annual Christmas Party with a special visit from Santa Claus



Eula "The Bean Queen" and our Sage Parents whipping up some tasty eats!



FRP/Sage Parents paying tribute in the Memorial Garden at Sage Center



MEET OUR STAFF

Dr. Jocelyn Gainers, President & CEO

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India Whitlock

Vice Board Chair, Nominating Committee, Member-Fundraising Committee, Executive Committee

Roxy Umphery

Fundraiser Chair

Floretta Sharpless

Audit and Finance Committee Member

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Ran Zeimer

Board Member

Carlos Hardy

Housing Sub-Committee Member

Lela Campbell

Housing Sub-Committee Member

Charles Culver

Housing Sub-Committee

Member

FRP Gay Street Staff

Coordinator
Domonique Smith, Case Manager
Annette Tillman, Specimen Collector
Lesia Ellis, Financial Coordinator
Monique Knight, Program & Research

David Martinez, Case Management

Senior Team Staff

Assistant

Deborah Geiger, Operations
Manager
Tracie Wyman, Housing
Program Coordinator
F. David Sifford, Court
Coordinator
Sybil Imani, Grants Specialist
James Gorham, Facilities
Manager
Marian Green, Human
Resources Administrator
Avery Lawrence, Executive

Sage Center Staff

Tiajuana Jones, Housing Case Manager Jibreel Street, Housing Case Manager Cheryl Ross, Lead Security Monitor Maurice Anderson, Security Monitor Robert Sparrow, Security Monitor Terri Austin, Security Monitor Lesley Snell, Security Monitor Chanelle Johnson, Security **Monitor** Valencia Griffin, Security Monitor Bernard Simmons, Security **Monitor** Terri Fulp, Security Monitor Markita Pryor, Security Monitor Valerie Perry, Facilities Keith Matthews. Maintenance













ACKNOWLEDGEMENTS

As we reflect on the past year, we are incredibly proud of the significant strides made toward our mission. Our collective efforts have impacted countless lives, providing much-needed resources and support to individuals and communities in need. Whether it's through our direct programs, advocacy efforts, or community engagement initiatives, the tangible changes we've seen would not have been possible without the tireless dedication and collaboration of our partners, volunteers, and supporters.

The Family Recovery Program, Inc.

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TO CONTINUE SUPPORTING THE FAMILY RECOVERY PROGRAM, INC.

Scan to make a difference or visit www.frp-inc..org

Our Major Funders and Partners:

- Family League of Baltimore
- SAMHSA (Substance Abuse and Mental Health Services)
- Baltimore City Health Department
- Baltimore City Department of Social Services
- Johns Hopkins University

This year's accomplishments have laid a strong foundation for future growth, but our journey is far from over. The challenges we aim to address require sustained effort and unwavering commitment. As we move forward, we remain inspired by the resilience of the communities we serve and motivated by the possibilities that lie ahead. Thank you for standing with us in this mission. Together, we are transforming lives and building a better tomorrow for restored families.

