

FY 2023

IMPACT REPORT

**A REUNIFIED
FAMILY IS OUR
SUCCESS**



The Family Recovery Program, Inc.
301 N. Gay Street
Baltimore, MD 21202
www.frp-inc.org

Executive Director's Letter

Greetings Friends!

Thanks for your continued support of our organization. The families we serve have been blessed by your generosity and kindness. We had an amazing year and achieved what we planned for the families and the organization. Every year brings its fair share of challenges, but that doesn't stop us from turning our challenges into opportunities.

Similar to last year, we remain aligned with the Substance Abuse and Mental Health Services Administration's (SAMHSA) definition of the four major dimensions that are essential to recovery: Health, Home, Purpose, and Community. The Family Recovery Program, Inc. continued to support family reunification by offering intensive case management services, added new partnerships, expanded funding.

On four occasions during the year, we celebrated graduation, which culminated the family's active participation in FRP, and introduced to the world to 84 newly reunified, better functioning families. Our second housing development-Sage II at Monarch View- a long-term housing initiative to continue to offer supportive housing in the local community, came alive with the sound of kids and moving trucks. All families settled in and with a couple of transitions, all five houses remain homes for our families. We moved from our home of 15 years at 239 N. Gay to 301 N. Gay Street-The Chance Building.

As an organization, we are proud to know that we matter to so many, far and wide. As a result, we are even more committed to doing work that matters-restoring the lives of families!

In peace,

Jocelyn

Dr. Jocelyn Gainers
Executive Director



Dr. Jocelyn Gainers,
Ed.D., CAC-AD, AS, CECL
Executive Director and
CEO

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MISSION & VISION STATEMENT



**AT FRP, WE "S.E.E. OUR FAMILIES."
STRENGTHEN. ENGAGE. AND EQUIP.**

**WE STRENGTHEN FAMILIES AFFECTED BY TRAUMA,
SUBSTANCE USE, AND BEHAVIORAL HEALTH CONDITIONS
BY PROVIDING EQUITABLE AND INCLUSIVE SERVICES.
WE ENGAGE FAMILIES IN A DIVERSE ARRAY OF HOLISTIC
SERVICES.**

**WE EQUIP FAMILIES WITH THE NECESSARY TRAUMA-
INFORMED SKILLS FOR RESILIENCE IN ORDER TO LIVE A
SELF-DIRECTED LIFE.**

VISION STATEMENT

**TO BE THE NATIONAL LEADER PROVIDING FAMILY
STRENGTHENING OPPORTUNITIES TO INDIVIDUALS AND
ORGANIZATIONS.**

FRP The Family Recovery Program, Inc.



"Investing in Families to build Thriving Communities."

The Family Recovery Program, Inc. (FRP) is Baltimore's only Family Dependency Court. We support parents, who have a history of substance use disorder, with reunification efforts. While in FRP, parent's receive intensive case management services and community resources.

FRP



The State of Maryland has a foster care savings of over 56 million dollars as a result of the Family Recovery Program.

Since 2006, 1,730 FRP children out of 1,928 referred (90%), ages 0 – 10, who reside in Baltimore City have found permanent homes through reunification, custody & guardianship, or adoption.

Reunifications

Custody & Guardianships

Adoptions



928

475

327

Placements to Date from FY2006 through FY2021

Between January 2014 and June 2021, we provided 19,562 random drug and alcohol tests to FRP parents. 14,571 of those tests were negative or excused positives due to prescribed medications.

75%

50%

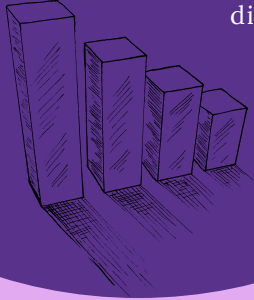
Since January 2014, 409 parents out of 816 referred to FRP were identified, referred, and received mental health treatment.

99%

Since March 2014, 171 parents have successfully completed FRP. 169 of those parents reported several life improvements as a result of participating in the Family Recovery Program.

FRP DATA

We exist to serve parents ages 18 and older seeking reunification with their children when the primary reason for their removal was the parent's substance abuse disorder.



Ages of Parents served in FY23

Age Groups: Court Involvement
26 – 35 years = 26 parents (59%)

Average age= 33 years

Age Groups: No Court Involvement
26 – 35 years = 27 (56%)

Average Age: 30 years

Overall average age of parents in FRP: 31.5 years

Current Living Situation-Court Involvement



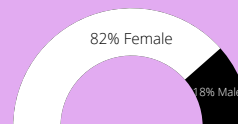
Sage Center – FRP's Transitional Housing Programs

Total = 30

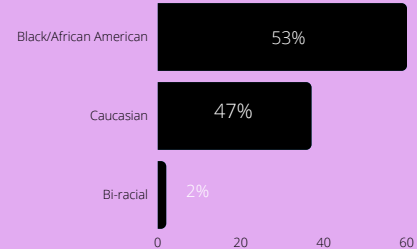
Sage I = 23 parents, Sage II = 8 parents
(8 parents still active in standard FRP programs)



Gender



Race



**strengthen,
engage
& equip.**

THE FAMILY RECOVERY
PROGRAM, INC.

THE FAMILY RECOVERY PROGRAM, INC. NEEDS

1. Fund A Smile Campaign- As our parents begin their walk-in sobriety, they acknowledge the need for an improvement to their smile. Your support is needed to help bring their smiles back. We are seeking donations to supplement the expenses related to dental work. Your donations will go to support everything from dental cleanings, partial plates to full dentures. We are also looking for new connections with dentists who would be willing to provide the same services at little to no out of pocket cost to our families.

"My smile has allowed me to go on job interviews with renewed confidence. I feel socially accepted." MK-FRP Parent

2. Holiday support- Children are our greatest gifts. Gifts for the holidays help our children feel loved and the parents less burdened. Your support will allow us to purchase and wrap gifts for our kids for the holidays. We are seeking monetary gifts, or a partnership with an agency or individual that would be willing to adopt a family for the holiday. A little love goes a long way!

"I can remember struggling and not being able to afford gifts for my kids. And, when we were selected to be adopted they received more gifts than I could have ever imagined and they were so happy on Christmas morning!" JV-FRP Parent

3. A Place of my Own- As our families move into their own space, very often they don't have the basics to make their house a home. Your support will help to provide basic household needs for families moving into Sage or out into housing within the community. Your gift will allow us to purchase furniture, bedding, kitchen utensils, bath essentials and small electronics.

"Because of kind donations, I was able to have a start in our new home. After living in my new home for one year I was able to bless another family with my initial housing gifts." RJ-FRP Parent

4. Transportation- Getting around the city has its fair share of challenges. Adding kids to that equation is even more difficult. We would like your support to assist us with purchasing a van so that we can help our parents complete shopping trips, and attend other program supported events in the community. We would also be excited to receive a partnership with a car dealership that would be willing to gift us a van for this purpose.

"It is so hard to take my kids to the grocery store. I enjoyed transportation tokens provided by FRP. I couldn't afford Lyft's or cabs and I was shopping at local corner stores and it cost me a whole lot." -ML-FRP Parent

PROGRAMMATIC NEEDS

THE WORK OF THE FAMILY RECOVERY PROGRAM CHANGES LIVES AND STRENGTHENS FAMILIES. OUR FAMILIES FIRST WORK TO ACHIEVE SOBRIETY AND THEN CELEBRATE ALL OF THE SMALL VICTORIES THAT FOLLOW. CHILDREN ARE ABLE TO LEAVE FOSTER CARE AND REUNITE WITH THEIR FAMILIES. THIS LEADS TO CHILDREN WHO HAVE FEWER SUSPENSIONS AND IMPROVED SCHOOL ATTENDANCE. OUR PARENTS REPORT SOBRIETY, FEWER ARRESTS, A BETTER UNDERSTANDING OF THEIR PHYSICAL AND MENTAL HEALTH NEEDS, ALONG WITH HOUSING STABILITY. THE COMMUNITY BENEFITS FROM OUR WORK AS WE, THROUGH OUR FAMILIES, WORK TO CHANGE THE CULTURE OF DRUG USE AND INSTABILITY WITHIN OUR LOCAL COMMUNITY. FAMILIES HEAL WHEN WE ALL WORK TOGETHER!

CLIENT SPOTLIGHT

Our Client Spotlight is FRP graduate, Ms. Shaye Beale. She is a proud Sage Center resident with a desire to make it for herself and her son, Kashmir. She describes herself as a mother, Peer Recovery Specialist, family person, avid reader, writer, and a person in recovery. Her journey to this point has been traumatic but contains a strength and determination that we all can appreciate.

Shaye is from Calvert County, MD, and was raised by her father as her mother was in active addiction during her childhood. Substance use started recreationally and that led to a physical addiction which she states, "totally changed me, changed who I was, and what I believed in". Her father abandoned her at 18, which is when she felt as though she needed him the most. Her journey of addiction during those next years took her to many lows. One of the lowest was losing her first child to Congenital Heart Disease.

Years later she became pregnant and found herself detained over an old charge. During her detention, things began to change. She got healthy, gained weight, and was released. She admits her release plans were not solid and began using fentanyl and cocaine again, daily. She struggled during her birth experience but was overjoyed to meet her beautiful baby boy Kashmir. She made a promise that she would not lose him and would fight. Her son went into foster care at birth; however, they were able to spend time bonding weekly.

Shaye feels like she was given a second chance at life and recovery. She enrolled in Chrysalis House for inpatient treatment, then later found her way to FRP. She started working with our team and was reunified with Kashmir within 6 months. She was excited to begin her new journey as a mother in recovery and moved into Sage two months after her reunification. Kashmir is healthy, thriving, and enjoys running through the halls of Sage Center.

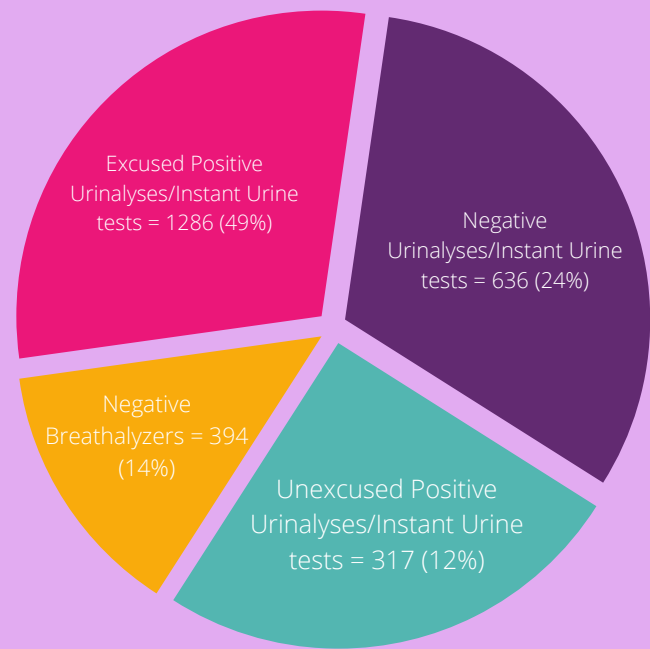
Always being called an old soul, she had never lived on her own, taken care of a household or a newborn baby. She began to understand the importance of a routine and slowly found her way around her apartment and created a routine for her and her son. Her Sage Center Case Manager, Pat, shared a training opportunity that would change Shaye's life. She was able to join the MPAC program and is working on becoming a certified Peer Recovery Specialist. She is currently working in a paid internship as a Peer Navigator at Enoch Pratt Free Library where she meets with visitors to the library and offers information on topics relevant to her training and expertise. Within the next 3-5 years Shaye would love to work as a peer in a local hospital with individuals who are in the grip of addiction.

Shaye is an amazing example of how change and growth happen. She has her high school diploma and would like to get her degree in social work. She is celebrating 13 months of sobriety and finds reasons to love herself more and more each day. Her closing statement to me was "Dr. J: I choose me! I have hope and faith and know that I can achieve anything I put my mind to. I'm addicted to that!"

Respectfully Shared,
Dr. Jocelyn Gainers



When families participate in our program they must report to our office for randomly assigned observed urine specimen collections. These samples provide support to the parents in their recovery and provide documentation and evidence to the court and other parties that our parents are substance-free. This is a great benefit because it helps our families begin to exhibit the skills needed for sobriety. As they get into the habit of regular specimen collection visits, we begin to see a change in their commitment to the program, themselves, and their families. New habits are formed and old ones are broken. Those same families are now reporting to our court regularly; meeting with their case managers to work on setting and accomplishing new goals; working with our referral network of treatment, mental health, and physical health providers. Our goal is to assist our families in making healthy choices that support their overall reunification process. We accomplish this goal through the diligent commitment of all team members and the willingness of those whom we serve.



HOME

For our families, having a home of their own is not just a privilege, it is what they desire. Our families understand the importance of having a safe home as it relates to their family reunification process. We have assisted in that process by allowing families that are within the reunification process to apply to our primary housing facility, The Sage Center. This facility provides supportive housing for 23 families. Throughout the entire COVID-19 pandemic we have remained open and have provided services to the families both by Zoom and in-person when safe. We also celebrated the opening of Sage II at Monarch View. These five townhomes, directly in front of Sage 1, allowed families to transition from supportive housing with intensive services to supportive housing with less intensive services. Five families moved to Sage II in March 2021 and have enjoyed new independence, and the ability to continue to receive support. Families are thriving at FRP.





Family reunification remains the main reason that families join the program. Accomplishing that goal requires complete effort and dedication. We understand the difficulty of the task at hand and ensure that we have the resources to assist. While our families are working within the many systems to accomplish that goal, we encourage them to dig deep and begin to find their purpose. Many parents begin to identify their purpose through participation in programming. Some find it as they are learning more about the world of support that is available to them within the 12 step programs that they access on their own through attending meetings within the community and on Zoom. Some find it as they are participating in service projects at either, our main office or our housing development. Over the past year the average parent attended 3 FRP groups per week; attended 2 12 support group meetings; weekly parenting time; monthly mental health treatment; job training and financial coaching. As they experience these supports and gain more personal clarity, a renewed desire for life emerges. One of our parents shared these thoughts, " I never thought it would be this hard to find my purpose, because for so long it was chasing drugs, now I'm chasing a new life that I love. I'm a mother focused on her family for the first time and it feels so good".

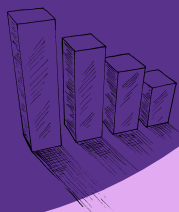
Our community has been very active this year. We had an amazing fundraiser-" A night at the Casino". We had over 100 people in attendance and raised funds to support our programming. We applied those funds toward new teeth for some of our families. We created the "Karen Conn Community Giveaway Day" in honor of one of our cherished employees who died after a long battle with a health concern. We were able to give items donated to us and donated to our families away in front of our transitional housing two times per month. We were able to create new partnerships that promise to be a blessing to our families in untold ways. As the pandemic came to a slow halt our court reopened and meetings moved from virtual to in person. Parents and our community applauded us for our actions to remain committed; connected and supportive.

COMMUNITY



DEMOGRAPHICS

We exist to serve parents ages 18 and older seeking reunification with their children when the primary reason for their removal was the parent's substance abuse disorder.



The work of the Family Recovery Program changes lives and strengthens families. Our families first work to achieve sobriety and then celebrate all of the small victories that follow. Children are able to leave foster care and reunite with their families. This leads to children who have fewer suspensions and improved school attendance. Our parents report sobriety, fewer arrests, a better understanding of their physical and mental health needs, along with housing stability. The community benefits from our work as we, through our families, work to change the culture of drug use and instability within our local community.

Since our inception in August 2005 we have worked with over 1,928 parents. Of those 90% were reunified with their parents, 75% had children go to the custody of other family members, 25% saw their cases adopted and 10% of cases were transferred to another county.

Since 2016, our housing development-The Harry and Jeanette Weinberg Building at Sage Center has housed 104 individuals. Of those 104 individuals, 84 parents have been reunified with their children. Since 2021, our second housing development, Sage II at Monarch View has housed a total of 8 families.

Overall, we give hope where there was none and plant seeds for lifelong change. This work remains impactful because we all benefit when our families get stronger and more self-reliant.



FY2023 Financial Highlights

Revenue and Other Support	5,025.00
Grants and contributions	1,543,436.30
Contract services	164,650.50
Rental income	257,051.26
Interest and other	29,616.76

Total Revenue 1,999,779.82

Expenses	1,709,508.11
Program services	372,032.49
Management and general	43,543.24

Total Expenses 2,125,083.84



OUR CURRENT STATE



Family Recovery Program

DONORS & PARTNERS

In Memory of:



Karen Conn

Karen Conn served as a Parent Mentor at FRP/Sage Center since 2021. When FRP met Karen, she was a vibrant and fiery personality that could capture your attention if you've ever been in her presence. Her bright personality was so infectious so much so that if you were having a bad day, being in Karen's presence would immediately turn a frown into a smile. Karen would sing and dance as if no one was looking, and if they were, she'd make them join in. Karen didn't let any physical challenges she faced, deter her spirit or her ability to support the parents and children at The Sage Center. She persevered and remained resilient throughout life's adversities. The Parents and children were so fond of Ms. Karen, and to most of them, she had that "motherly" spirit that reminded them that they were loved and they could accomplish anything they'd put their mind to. To some, she was Mama Karen, and to others, she was just Karen. That pearly white smile, the vivacious nail and hair colors, and the sweetest pitched yet stern voice is truly missed at The Sage Center. During Karen's time at FRP/Sage Center, she served in many capacities, in addition to being one of the Parent Mentors. Each Wednesday, The Sage Center would host Community Day during the Spring/Summer months, to which Karen, as she proclaimed to be Baltimore-bred, used her witty personality to draw people to N. Rose Street every Wednesday to get clothes, food, and community resources that Sage Center provided. It was almost as if she had never met a stranger. She made you feel like family or even a friend.

Amerigroup
The Benevity Community Impact Fund
Baltimore Community Foundation
United Way of Central Maryland
Campaign
Hobbs Professional
Bloomberg Philanthropists
Grace Memorial Baptist Church
Children and Family Futures
T. I. M. E. Printers
Greater Gethsemane Missionary
Baptist Church
Michelle Comisiak
White Glove Drug & Alcohol Testing
Incorporated
Dayspring Programs, Inc.
Afra Vance
Helping Hands
Cohn Reznick Accounting
Life Safety Systems
Hudson Health Services
Plantinum Inspection Services, Inc.
Department of Human Resources
Diamond Iontina, LLC
BB&T Bank
Virgin
France Merrick
Office Of The Governor State House
Chesapeake AED Services
Episcopal Consulting Group
S B & Company, LLC
Realtax Labs
Electronic Data Solutions, Inc.
White Glove
Morgan Stanley
AVA Consultants
Labor Finders
Family and Children's Services
Colonial Electric Co. Inc.
Ken Banks
A-1 Productions
Robinson Repairs, LLC
T&D Plumbing

M&T Bank
Molecular Testing Labs
Kyocera
Foster America
SIG
Mountain Manor Treatment Center
Kyocera
Corporate Coverage TPA
Goodwill Industries of the Chesapeake,
Inc.
A Vision from Shaye
India Whitlock
The Big Bean Theory
Essentials Consulting Group
Johns Hopkins Medicine
Baltimore Skins
D&J Medical Consultants
University of Maryland School of
Nursing
Family Security Plan Foundation
Johns Hopkins University
Health Network
KDW Cares
NADCP
MROCC
National Council for Behavioral Health
Behavioral Health System Baltimore
Department of Public Safety &
Correctional Services
GOCCP
Delta Sigma Theta Sorority, Inc.
Baltimore Metropolitan Alumnae
Chapter
Opioid Operational Command Center
Maryland Coalition of Families
Herion Awareness Advocates
Baltimore City Health Department
The DeVito Family Trust
Biddle Street Catering

Major Program Funders

Family League of Baltimore
Office of Problem Solving Court
Baltimore City Department of Social
Services

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Dr. Jocelyn Gainers, President & CEO

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Monique Knight, Program & Research Assistant

Toree Webb, Mental Health Resource Advocate

Deatra Solomon, Community Resource Advocate

Sage Center Staff

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Chanelle Johnson, Security Monitor

Valencia Griffin, Security Monitor

Dominique Smith, Security Monitor

Chiquita Eaddy, Security Monitor

Keith Matthews, Maintenance

Lucrethera Johnson, Foster Grandparent

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James Gorham, Lead Security Monitor

Marian Green, Human Resources Administrator

