

**SPECIAL
POINTS OF
INTEREST:**

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12 Steps of Insanity

1. We admitted we were powerless over nothing that we could manage our lives perfectly and of anyone who would allow us.
2. Came to believe that there was no power greater than ourselves and the world was insane.
3. Made a decision to have our loved ones turn their wills and their lives over to our care even though they couldn't understand us at all.
4. Made a searching and fearless moral inventory of everyone we knew.
5. Admitted to the whole world the exact nature of everyone else's wrongs.
6. We're entirely ready to make others give us the respect we deserved.
7. Demanded others to do our will because we were always enlightened.
8. Made a list of all persons who had harmed us and became willing to go to any lengths to get even with them all.
9. Got direct revenge on such people wherever possible except when to do so would cost us our lives or at the very least a jail sentence.
10. Continued to take inventory of others and when they were wrong promptly and repeatedly told them about it.
11. Sought through complaining and medication to improve our relations with others as we could not understand them at all, asking only that they do things our way.
12. Having had a complete physical, emotional and spiritual breakdown as a result of these steps, we tried to blame it on others and to get the sympathy and pity in all our affairs.

Poem Time

One day a young woman was standing in the middle of town proclaiming that she had the most beautiful heart in the whole valley. A large crowd gathered and they all admired her heart for it was perfect. There was not a mark or flaw in it. Yes, they all agreed it truly was the most beautiful heart they had ever seen. The young woman was proud and boasted more loudly about his beautiful heart. Suddenly, an old woman appeared at the front of the crowd and said, 'why your heart is not nearly as beautiful as mine. The crowd and the young woman looked at the old woman's heart. It was beating strongly, but full of scars. It had places where pieces had been removed and other pieces put in , but they didn't quite fit right and there were several jagged edges. In fact, in some places there were deep gouges where whole pieces were missing. People starred How can she say her heart is more beautiful' they thought? The young woman looked



Fun Family
Activities for
the winter.

Fun family
Meal



Poem Time Cont.....

at the old woman's heart and saw it's state then laughed. You must be joking she said. Compare your heart with mine, mine is perfect and yours is a mess of scars and tears. Yes said the old woman, yours is perfect looking but I never would trade it with you. You see every scar represents a person whom I have given my love. I tear out a piece of my heart and give it to them, they often give me a piece of there heart but because the pieces aren't exact. I have some rough edges, which I cherish

because they remind me of the love we shared. Sometimes I have given pieces of my heart away and the other person hasn't returned a piece to me. These are the empty gouges. Giving love is a taxing chance. Although these gouges are painful, they stay open reminding me of the love I have for these people too and I hope someday they may return and fill the space I have waiting. So now, do you know hat true beauty is? The young woman stood silently with

tears running down her cheeks. She walked up to the old woman and ripped a piece out. She offered it to the old woman with trembling hands. The old woman took her offering and then took a piece from her old scarred heart and placed it in the wound of the young woman's heart. It fit, but not perfectly as there were some jagged edges. They embraced and walked away side by side.

Family Activity

Toddler Art Activities / Exploration.

Date ;January 3, 2014

Locations; The Walters Art Museum

Ages; 3+

Contact #

410-547-9000

February

Port Discovery Children's Museum

Target 2\$ Family fun night
3rd Friday every month

2\$ per-person from 4-8

Tickets must be purchased at the door

Let's Play with Dough!!

- 1 cup water
 - Tablespoon of vegetable oil
 - Half cup salt
 - 1 tablespoon of cream of tarter
 - Food coloring
 - Sauce pan
 - 1 cup of flour
- Mix all together and let set.

Kids in the Kitchen

Tuna Tortillas Ingredients

- 2 pouches of Star-Kist Hickory Smoked Tuna
- 2 Flour tortillas
- Shredded lettuce
- 2 slices of cheese
- 2 tbsps of ranch dressing
- Diced tomatoes
- 2 slices of crumbled bacon

Place tortillas on plates
Place lettuce, cheese, tuna, tomatoes, bacon in center of tortilla.

Drizzle with dressing
Fold ends of the tortilla toward the center and roll tightly to form a wrap.

Hold On

When all is well or all goes wrong. Don't give up , keep holding on. Trials and tribulations are only to make you strong. Don't give up, keep holding on. It may be hard and think you cant get through the storm. don't give up, keep holding on. Troubles don't last always even though they seem long. Don't give up, Keep holding on. Pick up your spirits by listening to your favorite song. Don't give up, keep holding on. God is always with you so never feel your alone. Don't give up, keep holding on. When you feel like all hope is gone . don't give up, keep holding on. Don't turn to drugs or the street because that's not where you belong. Don't give up, keep holding on. When you feel like using just pick up the phone. Don't give up, keep holding on. Never think it's too late to change because your too grown. Don't give up, keep holding on. Never forget where you came from. Don't give up, keep holding on. As long as you pray and trust in God you will overcome. Just don't give up, keep holding on.

**Congratulati
ons
graduates .
This is the
end of a new
beginning.**

Congratulations Graduates

**Jessica Jefferson
Andrea Weston
Marcia Turner
Roberta Wilson
Tiana Fowlkes
Kiesha Brown**



Upcoming Events

January 9, 2015

12-2 Next Alumni Meeting

February 4, 2014 @ 7:30 pm

Disney On Ice—Bring in child's report card for half price tickets

2 and under tickets are free. Report cards are due by Jan meeting

February 13, 2014 12-2 Alumni Meeting/ Valentines Raffle

Purchase tickets all through the month of January.



Together we Can Do It !!!!



Resources

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It!!!!**



Emergency Shelter

New Vision House of Hope
3931 Ridgewood Ave
Baltimore, MD 21215
410-466-8550

DORS

2301 Argonne Drive
Baltimore, MD 21218
Phone # 410-554-3320

Paul's Place

1118 Ward St
Baltimore, MD 21230
410-625-0775

Healthcare for the Homeless

421 Fallsway
Baltimore, MD 21202
410-837-5533